



RESORTS-SPA-CONSULTING



BETTER HUMANS

Next-Level

Wellness

CONSCIOUS & PROFITABLE
HOSPITALITY

Consulting



SERVICES



01 Next-Level Wellness Conceptualization

02 Pre & Post Opening (Includes Futuristic Trends)

03 Menu Creation, Herbal Recipes, Signature Services

04 Alternative & Innovative Routes of Income

05 Retreats, Classes, Seminars. Occupancy Boosts

06 Staff Education & Training

07 Strategic Partnerships

08 Visiting Guest Practitioner (Treatments)

Some of our CLIENTS



Six Senses Hotels, Resorts & Spas

Starwood: St Regis

Four Seasons

AM Resorts: Dreams/ Zoëtry

Cryo Body Works

Life Vessel Spa



Innovative PROFITABILITY

At Better Humans,
we orchestrate strategies that keep profitability in mind

- Bio-Hacking, Longevity & Healing
- Repeat Clientele
- Bridal Packages
- Corporate Retreats
- Experiential Workshops

**"People need more spas to destress and be profitable.
To be profitable, Spas need more people."**

Erika Lamelli



Plant-based Healing

Erika Lamelli

RECIPES

is a Master Herbalist & Holistic Nutritionist

She has worked with Restaurants, Resorts & Spas around the world



SKINCARE



TREATMENTS



NUTRITION



TEAS

We also offer "HERBAL-MAKING" Workshops

Our Team of Coaches, Herbalists, Chefs, Nutritionists & Gardeners offers unique wellness-inspired recipes to fit all budgets and dietary variations



Erika &

BETTER HUMANS



@Erika Ramelli

An American of Swiss-Colombian origin, is an International Private Wellness Consultant, Author, Speaker, Energy Healer, Master Herbalist, Holistic Nutrition Counselor, Meditation Instructor and founder of Better Humans.

Her exclusive holistic approach to stress management and integral health have positioned her as a preferred private coach to executives, CEO's and leading corporations of the Forbes and Fortune lists.

She is a born healer with hyper sensory clairvoyant and channeling abilities, meditating since childhood. She has 4 degrees and has studied with gurus, indigenous Elders, Masters and Leaders in search of the best natural healing practices across cultures.

Her unique programs have been implemented in luxury resorts and spas and have helped thousands of individuals around the globe.

Guest Practitioner

Conscious

SERVICES



ENERGY WORK

COACHING

GUIDED

Individual Signature Treatments
or
Group Workshops

(26+Yrs International Experience)

- Pranic & Crystal Healing
- Chakra Balancing
- Tuning Forks
- Vibrational Therapy

- Stress, Sleep & Pain Management
- Holistic Nutrition - Ayurveda
- Herbal & Natural Biohacking
- Happy & Healthy Lifestyles

- Meditations & Mindfulness
- Shamanic Journeys
- Cacao Ceremonies
- Women Circles



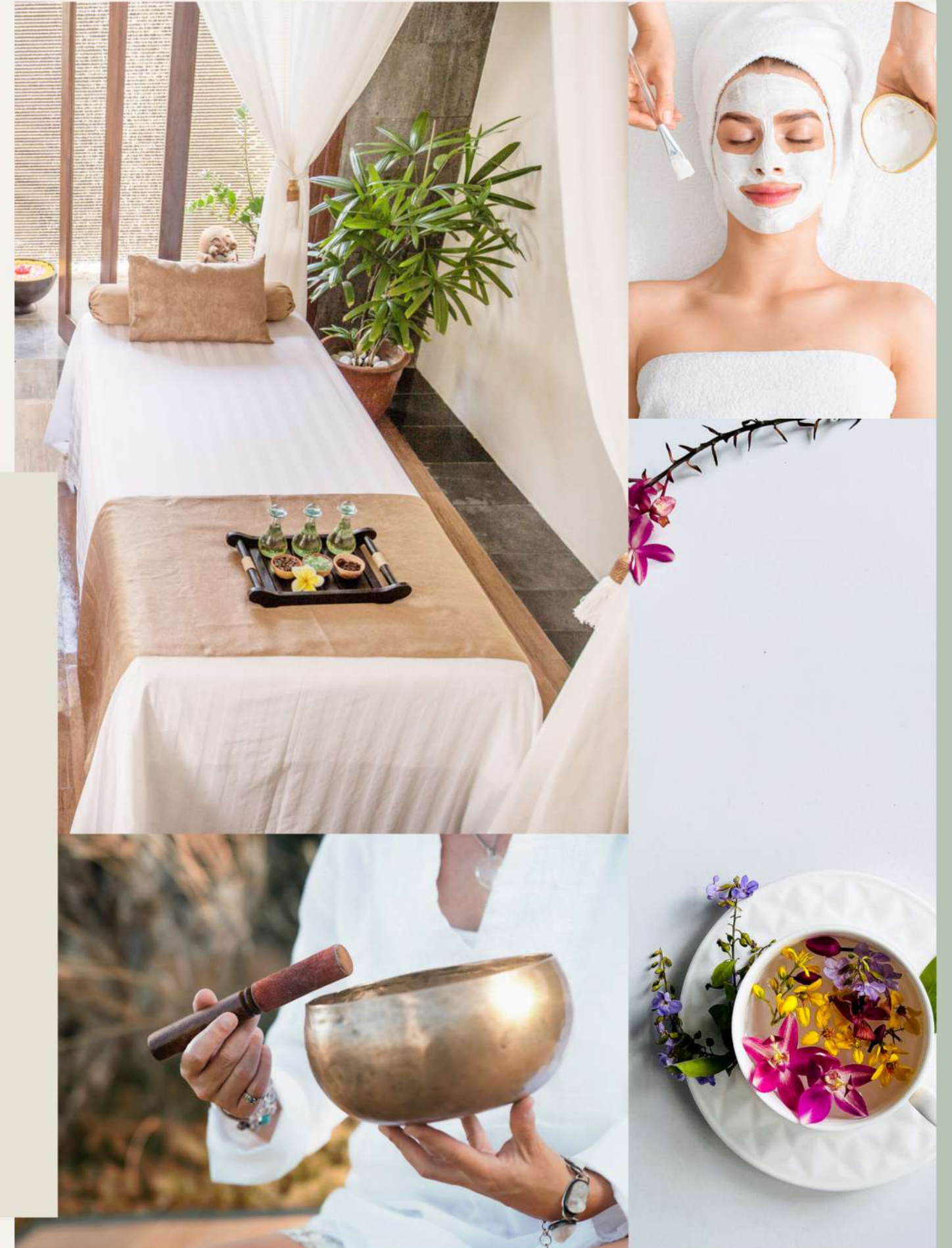
Global TEAM

We have a global team of "five-star service" trained contractors

18⁺ countries

120⁺ professionals across 30+ areas

1000⁺ programs and services





Let's Connect! Would love to **SUPPORT YOU!**



QUOTES



ALL our client's needs and budgets are unique! Everyone has different priorities and visions. An initial call is necessary to determine the cost of Wellness Audits - Consulting and Retreat Programs
Per Hour / Monthly Retainers / % Revenue Split

FOUNDER

Erika Ramelli

WEBSITES

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CONTACT

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LANGUAGES

English, Spanish, French, German
